

Trinda L. Penniston

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EDUCATION

- 2022 – Present** **Queen's University, Ph.D. (Clinical Psychology)**
Supervisor: Dr. Caroline Pukall
- 2019 – 2022** **Queen's University, M.Sc. (Social-Personality Psychology)**
Thesis: Racializing Sexual Response: The Effect of Identification and Racial Attitudes on Black and White Women's responses to Racially Congruent and Incongruent Sexual Stimuli
Supervisor: Dr. Meredith Chivers
- 2010 – 2016** **University of Manitoba, B.A. (Honours, Psychology)**
Minor in Women's and Gender Studies
Thesis: Relationship Social Comparisons: Race Differences in Frequency, Affect, and Behaviour
Supervisor: Dr. Marian Morry

SCHOLARSHIPS, AWARDS, & GRANTS

- 2023** **Excellence in EDI Research Award**, Department of Psychology, Queen's University, \$1500 + Certificate
- 2023 – 2026** **Faculty of Arts and Science Black Scholars Excellence in Mentorship Award**, \$3,000 x 3 years (Total: \$9,000)
- 2022 – 2025** **Social Sciences and Humanities Research Council (SSHRC) Doctoral Fellowship**, \$35,000 x 3 years (Total: \$105,000)
- 2022** **International Academy of Sex Research Best Data Blitz Presentation Award**, \$600 USD
- 2021** **Robert Sutherland Fellowship**, \$15,000

2020	International Academy of Sex Research Student Research Development Award, \$1,000 USD
2019 – 2022	Ontario Graduate Scholarship (OGS), \$15,000 x 3 years (Total: \$45,000)
2018	University of Manitoba Student's Union (UMSU) Travel Grant, \$360
2017	Faculty of Arts Endowment Fund, \$1,146.65
2017	Faculty of Arts, Travel and Business Fund, \$693
2016	Faculty of Arts Endowment Fund, \$750
2015 – 2016	Psychology Undergraduate Research Experience (PURE) Award, \$6,000
2011 – 2012	University of Manitoba Student's Union (UMSU) Bursary, \$450
2013	Dean's Honour List, University of Manitoba
2011	Dean's Honour List, University of Manitoba

PUBLICATIONS

1. Leroux, J., Brown, A., Carter, R., Franklin, N., Gray, C., Krahn, M., Martin, T., Montesanti, S., Pandi, M., **Penniston, T.**, Smith, T. Trudell, A., & Whitmore, E. (under review). Distance counselling with survivors of sexual violence: A brief report of practitioner insights from a knowledge translation partnership. *Canadian Journal of Counselling and Psychotherapy*.
2. Katz, M. A., **Penniston, T. L.**, Barry, C., Micanovic, N., & Chivers, M. L. (in press). Audiovisual sexual stimuli: A brief review with recommendations for use in research and clinical practice. *Sexual Medicine*.
3. Busch, T. M., **Penniston, T. L.**, Conrads, G. S., Dempsey, M. R., Wilson, S. M., & Chivers, M. L. (2022). A penny for your (sexual) thoughts: Qualitative analysis of women's and men's self-described reactions to sexual and nonsexual stimuli. *Archives of Sexual Behavior*, 1-15. <https://doi.org/10.1007/s10508-022-02325-4>

4. **Penniston, T. L.**, Chivers, M. L. (2022). Cross-Cultural Variation in Sexual Orientation and Sexual Identity. In Lykins, A.D. (Eds.), *Encyclopedia of Sexuality and Gender*. Springer, Chmam. https://doi.org/10.1007/978-3-319-59531-3_73-1
5. **Penniston, T.**, Reynolds, K., Pierce, S., Furer, P., & Lionberg, C. (2021). Challenges, supports, and postpartum mental health symptoms among non-breastfeeding mothers. *Archives of Women's Mental Health*, 24(2), 303-312. <https://doi.org/10.1007/s00737-020-01059-3>
6. Morry, M. M., Chee, K. C., **Penniston, T. L.**, & Sucharyna, T. A. (2019). Relationship social comparisons: Comparison interpretations and attributions as predictors of relationship quality. *Journal of Social and Personal Relationships*, 36(4), 1069–1097. <https://doi.org/10.1177/0265407518755018>
7. Keough, M. T., **Penniston, T. L.**, Vilhena-Churchill, N., Bagby, R. M., & Quilty, L. C. (2018). Depression symptoms and reasons for gambling sequentially mediate the associations between insecure attachment styles and problem gambling. *Addictive Behaviours*, 78, 166-172. <https://doi.org/10.1016/j.addbeh.2017.11.018>

CONFERENCE PRESENTATIONS

ORAL PRESENTATIONS

1. **Penniston, T. L.**, Katz, M. A., Jacobson, J. A., Kredl, K. F., Chivers, M. L. (2022, October). *Impacts of Racial Attitudes on Sexual Response*. Talk presented at the Canadian Sex Research Forum Conference (CSRF), Waterloo, Ontario.
2. **Penniston, T. L.**, Katz, M. A., Jacobson, J. A., Kredl, K. F., Chivers, M. L. (2022, July). *What's race got to do with it? Moderating effects of racial attitudes on women's sexual responses to race congruent and incongruent sexual stimuli*. Data Blitz presented at the International Academy of Sex Research (IASR), Reykjavik, Iceland.
*Won the Award for Best Data Blitz Presentation.
3. **Penniston, T. L.**, Katz, M. A., Jacobson, J. A., Kredl, K. F., Chivers, M. L. (2021, October). *Representation matters: Racial identification mediates sexual response and attraction to racially congruent and incongruent sexual stimuli*. Talk presented at the Canadian Sex Research Forum (CSRF) 2021 Conference, online due to COVID-19.
*Won the BIPOC Presentation Research Award and Student Award for Best Oral Presentation.
4. **Penniston, T. L.**, Busch, T. M., Conrads, G. S., Dempsey, M. R., Wilson, S. M. Wilson & Chivers, M. L. (2020, October). *A penny for your (sexual) thoughts: Qualitative analysis of women's and men's self-described reactions to sexual and nonsexual stimuli*.

Talk presented at the Annual Meeting of the International Academy of Sex Research (IASR), Berlin, Germany (virtual presentation due to COVID-19).

5. Harris, C., Vincent, N., Wilson, K., Tay, J., Jiang, D., **Penniston, T.**, Duval, A. (2019, April). *Randomized controlled trial of the effectiveness of online treatment for insomnia in cancer survivors and evaluation of treatment-related side-effects*. Rapid Fire presentation at the Department of Clinical Health Psychology Research Day, Winnipeg, MB.
6. **Penniston, T. L.**, Reynolds, K., & Pierce, S. (2018, June). *Investigating Challenges, Supports, and Perinatal Anxiety Symptoms among Non-Breastfeeding Mothers*. Gimme-5 talk given at the International Conference of Applied Psychology (ICAP), Montréal, QC.
7. **Penniston, T. L.**, Morry, M. M., Chee, K. C., Sucharyna, T. A. (2016, May). *Relationship Social Comparisons Interpretations and Attributions*. Talk given at the Connecting Minds Undergraduate Research Conference, Richmond, BC.
8. **Penniston, T. L.** (2015, April). *Relationship Social Comparisons: Race Differences in Frequency, Affect, and Behaviour*. Talk given at the Prairie Undergraduate Research Conference, Winnipeg, MB.

POSTER PRESENTATIONS

1. **Penniston, T. L.**, Katz, M. A., Jacobson, J. A., Kredl, K. F., Chivers, M. L. (2021, July). *Representation matters: Racial identification mediates sexual response and attraction to racially congruent and incongruent sexual stimuli* [Poster session]. International Academy of Sex Research (IASR) 2021 Convention, online due to COVID-19.
2. **Penniston, T. L.**, Busch, T. M., Conrads, G. S., Dempsey, M. R., Wilson, S. M. Wilson & Chivers, M. L. (2020, July). *A penny for your (sexual) thoughts: Qualitative analysis of women's and men's self-described reactions to sexual and nonsexual stimuli*. Data Blitz presented at the Society for Sex Therapy and Research (SSTAR), virtual conference due to COVID-19.
3. **Penniston, T. L.**, Busch, T. M., Conrads, G. S., Dempsey, M. R., Wilson, S. M. Wilson & Chivers, M. L. (2020, July). *A penny for your (sexual) thoughts: Qualitative analysis of women's and men's self-described reactions to sexual and nonsexual stimuli*. Poster presented at the Annual Meeting of the Canadian Sex Research Forum (CSRF), Waterloo, ON (virtual conference due to COVID-19).

4. Vincent, N., Quintana, J., & **Penniston, T.** (2019, April). *Follow-up on efficacy of Sleeping Without Pills (SWOP), an online drug tapering program*. Poster presented at the Department of Clinical Health Psychology Research Day, Winnipeg, MB.
5. Vincent, N., Bernston, J., & **Penniston, T.** (2019, April). *Feasibility and effectiveness of Breathe Easy: A program for Positive Airway Pressure (PAP) adherence in obstructive sleep apnea*. Poster presented at the Department of Clinical Health Psychology Research Day, Winnipeg, MB.
6. **Penniston, T. L.**, Morry, M. M., Chee, K. C., & Sucharyna, T. A. (2017, January). *The Effects of Social Comparisons and Attributions on Relationship Outcomes*. Poster presented at the Society for Personality and Social Psychology (SPSP) Conference, San Antonio, TX.
7. Paluszek, M., **Penniston, T. L.**, & Morry, M. M. (2016, April). *What does your Profile tell me about my Relationship? Social Comparison Information on Facebook*. Poster presented at the Prairie Undergraduate Research Conference. Winnipeg, MB.
8. McDonald, J., **Penniston, T. L.**, Guingcangco, A. J., Singh, D., & Morry, M. M. (2013, April). *How Priming Representations of a Close Relationship Partner Influences Relationship Cognitions*. Poster presented at the Prairie Undergraduate Research Conference, Winnipeg, MB.

RESEARCH ASSISTANCESHIPS

Apr 2018 – Aug 2019	Research Assistant – University of Manitoba Psychhealth Center, Health Sciences Centre Hospital. Supervised by Dr. Maxine Holmqvist & Dr. Gillian Alcolado
Feb 2018 – Aug 2019	Volunteer Research Assistant – University of Manitoba Klinik Community Health Centre. Supervised by Dr. Robin Westmacott
Jul 2017 – Jul 2019	Research Assistant and Program Coordinator – University of Manitoba Psychhealth Centre, Health Sciences Centre Hospital. Supervised by Dr. Norah Vincent
Jan 2017 – Jan 2019	Volunteer Research Assistant – University of Manitoba Health Information Exchange Lab. Supervised by Dr. Kristin Reynolds

- Jan 2017 – Dec 2017** **Volunteer Research Assistant** – Department of Psychology, University of Manitoba. Supervised by Dr. Matthew Keough
- Jan 2017 – Apr 2018** **Volunteer Research Assistant** – University of Manitoba Operational Stress Injury (OSI) Clinic, Deer Lodge Centre. Supervised by Dr. Sarah Chaulk and Dr. David Podnar.
- Jul 2016 – Jan 2017** **Volunteer Research Assistant** - Sexuality Education Resource Centre (SERC). Supervised by Paula Migliardi and Aynsle Hinds
- Aug 2016 – Dec 2016** **Research Assistant** – University of Manitoba Centre for the Advancement of Teaching and Learning. Supervised by Dr. Amy DeJaeger
- Aug 2012 – Jan 2017** **Volunteer Research Assistant** – University of Manitoba Department of Psychology - Close Relationships Lab. Supervised by Dr. Marian Morry
- Feb 2012 – Apr 2014** **Research Assistant** – University of Manitoba Department of Psychology - Self and Interpersonal Dynamics (SAID) Lab. Supervised by Dr. Jessica Cameron

CLINICAL EXPERIENCE

- Winter 2023** **Clinical Practicum: Student Psychometrist**
Family Court Clinic, Hotel Dieu Hospital
Supervisor: Dr. Robert Rowe
- Fall 2022** **Clinical Practicum: Student Therapist**
Sex and Relationship Therapy Service, Queen’s Psychology Clinic
Perinatal Mental Health Service, Queen’s Psychology Clinic
Supervisor: Dr. Stépanie Boyer

TEACHING EXPERIENCE

- Jan 2023 – April 2023** **Graduate Teaching Assistant – Queen’s University**
Course: PSYC 203: Research Methods in Psychology
- Sep 2022 – Dec 2022** **Graduate Teaching Assistant – Queen’s University**
Course: PSYC 343: Judgement and Decision Making

- Jan 2021 – Apr 2021** **Graduate Teaching Assistant** – Queen’s University
Course: PSYC 365: Gender/sex, Hormones, and Behaviour (Online)
- Sep 2020 – Dec 2020** **Graduate Teaching Assistant** - Queen’s University
Course: PSYC 251: Developmental Psychology (Online)
- Sep 2020 – Dec 2020** **Graduate Teaching Assistant** - Queen’s University
Course: PSYC 241: Social Psychology (Online)
- May 2020 – Aug 2020**
May 2021 – Sep 2021 **Graduate Teaching Assistant** – Queen’s University
Course: PSYC 100: Principles of Psychology (Online)
- Jan 2020 – Apr 2020** **Graduate Teaching Assistant** – Queen’s University
Course: PSYC 203: Research Methods in Psychology
- Jan 2016 – Apr 2017** **Grader/Marker** – University of Manitoba
Course: WOMN 1500: Introduction to Women and Gender Studies in the Social Sciences

COMMITTEE WORK

- Oct 2022 – Present** **Student Representative**
Canadian Sex Research Forum (CSRF), Executive Committee
- Jun 2022 – Present** **Student Representative**
Canadian Sex Research Forum (CSRF), Justice, Equity, Diversity, and Inclusivity (JEDI) Committee
- Jun 2022 – Present** **Vice-President**
Queen’s University, Association of Graduate Students in Psychology (AGSIP)
- May 2021 – Present** **Advisory Committee Member, “Going the Distance” Project**
Sexual Assault Centre Kingston (SACK)
- July 2020 – Jun 2022** **Student Representative**
Queens University Black Graduate Caucus (QUBGC)
- July 2020 – Jun 2022** **Social Committee Representative**

Queen's University, Association of Graduate Students in Psychology (AGSIP)

July 2020 – July 2021

Diversity, Equity, & Inclusion (DEI) Representative

Queen's University, Association of Graduate Students in Psychology (AGSIP)

Sep 2019 – Apr 2020

Graduate Student Representative

Queen's University, African-Caribbean Student Association (ACSA)

Aug 2015 – Aug 2016

Co-President

University of Manitoba, Undergraduate Psychology Student Association (UPSA)

Sep 2014 – Aug 2015

Secretary

University of Manitoba, Undergraduate Psychology Student Association (UPSA)

Jan 2016 – Apr 2016

Undergraduate Representative

University of Manitoba, Department of Psychology Executive Committee

COMMUNITY INVOLVEMENT

WORK EXPERIENCE

Aug 2015 – Aug 2019

Treatment Worker

New Directions for Children, Youth, Adults, and Families

Aug 2014 – Aug 2015

Residential Support Worker

New Directions for Children, Youth, Adults, and Families

Aug 2013 – May 2015

Exam Invigilator – University of Manitoba

May 2013 – Aug 2016

Respite Worker

VOLUNTEER EXPERIENCE

July 2019

Red Tent Volunteer

Winnipeg Folk Festival

Sep 2018 – Jun 2019

Discussion Meeting Facilitator

Consciousness Raising Association of Feminists (UMCRAFT)

Jul 2017 – Apr 2018

Workshop Facilitator

Bringing in the Bystander Initiative

Aug 2016 – Oct 2017

Feminist and Queer (FAQ) Collective

Women's and Gender Studies Program

Mar 2016 – Apr 2017

Sexual Assault Crisis Program (SACP) Counsellor

Klinik Community Health Centre

Apr 2014 – Mar 2016

Crisis Line Counsellor

Klinik Community Health Centre

Sep 2013 – Apr 2016

PEER Volunteer

PEERS: Students Helping Students Program

Aug 2013 – May 2014

Academic Integrity Ambassador

Student Accessibility Center

INVITED TALKS / LECTURES / PANELS

Race and Sexuality (2022, February 17). University of Victoria. Guest Lecture for HLTH 352: Promoting Healthy Sexualities. Course Instructor: Leah Tidey

The Sex Ed You Didn't Get (2022, February 16). Kingston Frontenac Public Library (KFPL) in collaboration with HIV/AIDS Regional Services (HARS), & the Sexual Health Resource Centre (SHRC). Presenters: Trinda Penniston & Nina Micanovic from the Sexuality and Gender Lab (SageLab) at Queen's University.

Queens University Speaker Series: Discovering Your Professional Persona (2021, February 4). Queen's Women of Colour Collective (QWOCC) & Queen's University Scientista.

Black in Graduate School (2020, November 21). Queen's Black Academic Society (QBAC) & Queen's University Black Graduate Caucus (QUBAC).

MEDIA COVERAGE

Sexual liberation while racialized: Finding partners, navigating the orgasm gap, and watching porn can all get more complex as a person of colour (2021, January 22). The Queen's Journal. <https://www.queensjournal.ca/story/2021-01-21/features/sexual-liberation-while-racialized/>

Bridging the Gap in Sexuality Research (2021, January 31). Women of Scientista Podcast. https://www.podomatic.com/podcasts/queensscientista/episodes/2021-01-31T11_05_27-08_00

SUPERVISION AND MENTORSHIP

- 2023 Emma Ilyaz, B.Sc. (M.Sc. Student), Graduate Mentorship Program
Queen's University Department of Psychology
- 2021 – 2022 Sam Levang, B.A.H (M.Sc. Student), Graduate Mentorship Program
Queen's University Department of Psychology
- 2021 Katya Kredl, Directed Lab Student
Queen's University Department of Psychology
- 2020 – 2021 Maddie Katz, Honour's Thesis Student (Co-Supervised)
Queen's University Department of Psychology