



# TRANSGENDER-SPECIFIC FACTORS RELATED TO HEALTHCARE PROFESSIONAL STUDENTS' ENGAGEMENT IN AFFIRMATIVE PRACTICE WITH LGBTQ+ CLIENTS



## WHAT IS THIS STUDY ABOUT?

This study investigates healthcare professional students' attitude towards transgender individuals and the influence of students' skills in working with transgender clients. As well, this study explores how healthcare professional students' skills in understanding healthcare terms affect their beliefs about their own ability to provide positive care, and their actual actions towards affirmative practice



## HOW DID WE COLLECT DATA?

**61 PARTICIPANTS TOOK PART IN ANSWERING NUMEROUS SURVEYS REGARDING:**

### DEMOGRAPHICS



### CONFIDENCE WITH UNDERSTANDING TRANSGENDER HEALTH TERMS



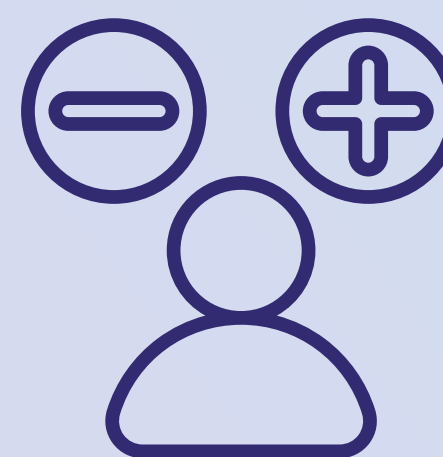
### BELIEFS REGARDING AND ENGAGEMENT IN AFFIRMATIVE PRACTICE



### SELF-EFFICACY REGARDING AFFIRMATIVE PRACTICE



### AFFIRMATIVE ATTITUDES AND BELIEFS



## WHAT DID WE FIND?

- Participants reported **highly positive attitudes** towards transgender individuals - indicative of a more accepting future generation of healthcare professionals
- The skills that students report having gained from specific training, experience, and supervision working with transgender clients relate to how capable individuals felt with performing affirmative tasks and behaviours, which in turn related to students reporting **greater affirmative practice engagement**
- Having a greater understanding of transgender healthcare terms may allow providers to worry less about using offensive terms, therefore **improving their self-efficacy**

## WHY IS THIS STUDY IMPORTANT?

This study is important because the results it yielded further highlight the need for additional, transgender-specific training in healthcare professional programs

