



# HEALTHCARE EXPERIENCES OF INDIVIDUALS WITH PERSISTENT GENITAL AROUSAL DISORDER/GENITO-PELVIC DYSESTHESIA (PGAD/GPD)



## PGAD/GPD is

- characterized by **persistent, unwanted sensations of genital arousal**
- symptoms include **feelings of being on the verge of orgasm, lubrication, and throbbing**
- sensations occur in the **absence of sexual desire**



## WHAT IS THIS STUDY ABOUT?

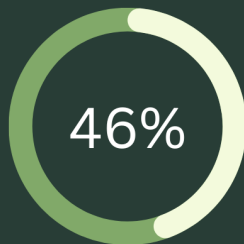
The purpose of this study is to investigate the barriers to accessing healthcare, the costs of healthcare, and the connections between healthcare experiences, symptoms, and psychosocial outcomes in those with PGAD/GPD symptoms



## HOW DID WE COLLECT DATA?

We asked 113 individuals with PGAD/GPD symptoms to complete an online, cross-sectional, self-report questionnaire about their healthcare history and experiences

## WHAT DID WE FIND?



APPROACHED MORE THAN SIX HEALTHCARE PRACTITIONERS



REPORTED WAITING AT LEAST SIX MONTHS TO SEEK HEALTHCARE FOR PGAD/GPD SYMPTOMS

SEVERAL BARRIERS TO HEALTHCARE WERE IDENTIFIED SUCH AS LACK OF HEALTHCARE PRACTITIONER KNOWLEDGE OF PGAD/GPD, AND HIGH COSTS

## WHY IS THIS STUDY IMPORTANT?

The results highlight that more awareness of PGAD/GPD is needed for improved care in this population

