



# PICKING UP GOOD VIBRATIONS: DISCREPANT VIBRATOR USE, SEXUAL FUNCTIONING, AND SEXUAL WELL-BEING IN WOMEN WITH MALE PARTNERS



## WHAT IS THIS STUDY ABOUT?

52.5% of women in the US aged 18-60 reported vibrator use during sexual activity at least once in their lifetime



We examined potential differences in sexual functioning and global sexual well-being across women with male partners within different contexts of vibrator use



## HOW DID WE COLLECT DATA?

We recruited 488 participants and categorized participants according to their context of vibrator use:

1. Non-discrepant vibrator use (solitary and with partner)
2. Discrepant vibrator use (only solitary)
3. No vibrator use

We assessed ...

Sexual communication, sexual function, satisfaction in one's sexual relationship, and sexual rewards and costs.

## WHAT DID WE FIND?

### Sexual Communication and Vibrator Use:

Women who engage in non-discrepant vibrator use (solitary and with partner) had higher sexual communication scores than women who reported only solitary vibrator use and no vibrator use.



### Sexual Function and Vibrator Use:

There were no statistically significant differences in sexual functioning across groups.

### Sexual Satisfaction and Vibrator Use:

Women who engage in non-discrepant vibrator use (solitary and with partner) reported greater sexual satisfaction and a greater level of sexual rewards to sexual costs ratio than women who use vibrators only by themselves and women who never used a vibrator.

